YPAR: Bullying

Miranda Chavez & Yissell Angel

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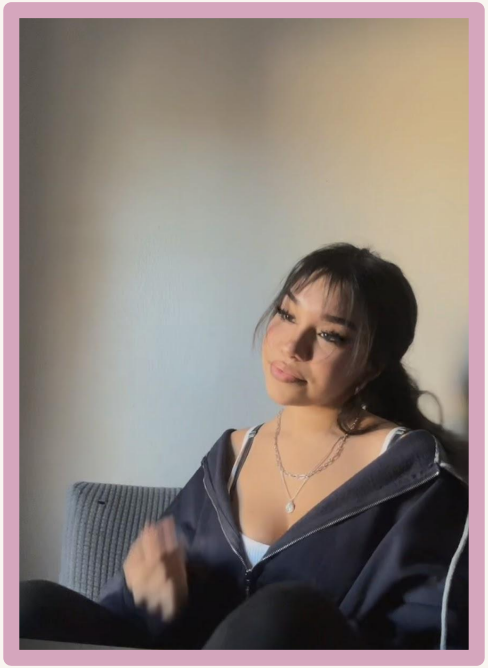
Introduction:



Miranda Chavez

01

Introduction:

Yissell Angel

01

What is our mission?

- As partners, our goal is to understand and **bring awareness** to the constant issue of bullying. As high schoolers, we have witnessed the major and devastating effects of bullying in our peers, because of that we see the importance of better understanding the cause and effects of bullying in our generation throughout research.

Research Question:

1: How severe are the effects of bullying on the physiological health of teenagers and are those effects being talked about enough?

Bullying: Survey Questions

1. How often did you experience any type of bullying? (Harassment, cyber-bullying,etc.)
1. How old were you when you experienced bullying for the first time?
1. If you've seen your friends be bullied, how often, or did they report it?
1. Do you believe bullying has a major impact on our community/society ?
1. Does your school properly and effectively solve or or approach the topic of bullying?
1. How often do you witness or experience bullying on a daily basis?
1. What kind of environment is most susceptible to bullying?
1. Do you think society takes cyber bullying as seriously as in person/face-to-face bullying?
1. Do you believe that cyber bullying affects the victims as much as face to face bullying?
1. Do you think your definition of bullying would affect the way you would help an individual that is being harassed?

The Vision

Our Vision of Ending Bullying

Our Vision of Ending Bullying

Lower statistics when it comes to people being impacted by the effects of bullying.
We would like people to become more self aware with the comments and the actions they do to others.
Allow people who have been bullied to feel like they can communicate.
Increase the amount of education of the issue (such as the effects) in schools and also outside of the school environment.
Less individuals facing bullying on a daily basis.
Would like to see people from different cultures, backgrounds, etc more united.

Statistics

- Some 54% of girls from the ages 15 to 17 have experienced at least one of the six cyber bullying behaviors
- One out of every five (20.2%) students report being bullied
- 69.1% of teens have shared cyber bullying negatively impacted their feelings about themselves
- 23% of African- American students, 23% Caucasian students, 16% of Hispanic student, and 7% of Asian student report they have experienced bullying in a school environment.
- 75% of school shootings have been linked to harassment and bullying

GALE In Context- Websites/Articles

1. Who is bullied? "Bullying." *Gale In Context Online Collection*, Gale, 2019. *Gale In Context: High School*, link.gale.com/apps/doc/QUKMKZ991355838/SUIC?u=plai13392&sid=bookmark-SUIC&xid=057dab08. Accessed 6 Feb. 2023.

2. Should your schools punish cyberbullies? Yohnka, Edwin C., and Justin W. Patchin. "Should Your School Punish Cyberbullies?" Junior Scholastic/Current Events, vol. 120, no. 3, 9 Oct. 2017, pp. 22+. Gale In Context: High School, link.gale.com/apps/doc/A511109293/SUIC?u=plai13392&sid=bookmark-SUIC&xid=639be246. Accessed 6 Feb. 2023.

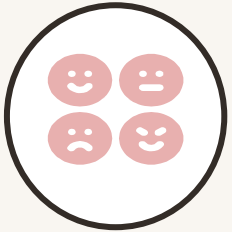
3. What kind of environment is most susceptible to bullying? "Bullying at School." *Gale In Context Online Collection*, Gale, 2018. *Gale In Context: High School*, link.gale.com/apps/doc/EJ2181500169/SUIC?u=plai13392&sid=bookmark-SUIC&xid=378915c0. Accessed 6 Feb. 2023.

4. How often did you experience any type of bullying? "Bullying at school: What parents can do to help victims and stop bullies." *CNN Wire*, 16 Jan. 2023, p. NA. *Gale In Context: High School*, link.gale.com/apps/doc/A733434126/SUIC?u=plai13392&sid=bookmark-SUIC&xid=a0b29b6a. Accessed 6 Feb. 2023.

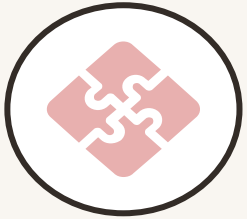
5. Do you believe that cyberbullying affects the victim as much as face to face bullying? "Cyberbullying." *Gale In Context Online Collection*, Gale, 2022. *Gale In Context: High School*, link.gale.com/apps/doc/JINTIL615001601/SUIC?u=plai13392&sid=bookmark-SUIC&xid=f15ff0c9. Accessed 6 Feb. 2023.

Research Process

Figure out what topic will our research focus on



Looking at information



Organize our research design

Collect Data & review the results

Advocate & Contribute to make a change

Effects on Individuals

The majority of individuals that have been tormented by bullying have experience a variety of emotions and reactions as a result of being hurt.

*Hostile behavior

*Feelings of loneliness

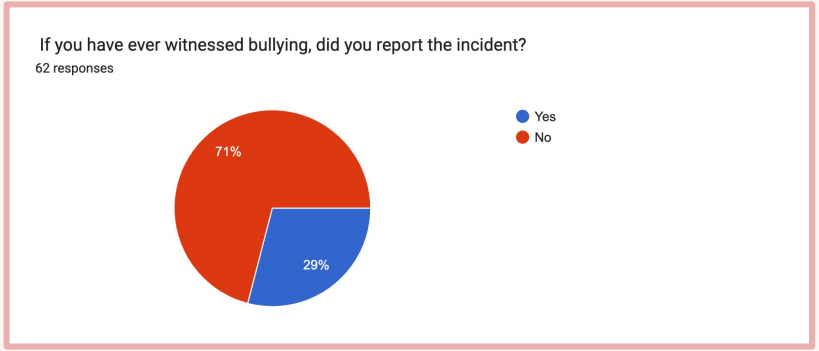
*Depression

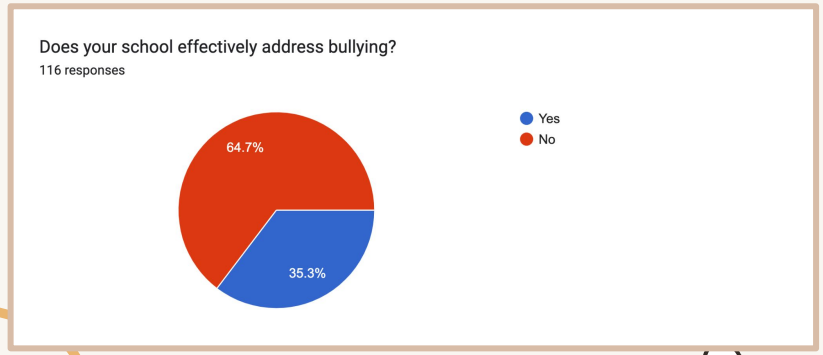
*Lack in academic achievement

*Anxiety

*Have a harder time learning

Effects on individuals





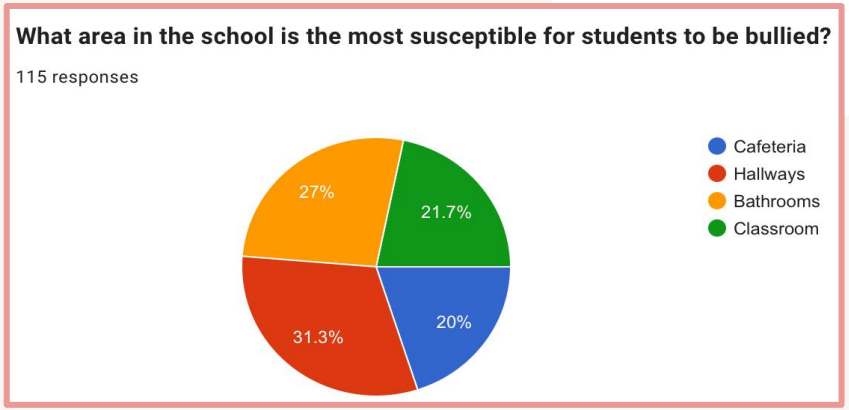
When asked about having to reporting a bullying incident, 71% of participants, answered no.

Why wouldn't students want to report a traumatic incident? With a lack of trust with their guidance counselors and teachers, students feel that they aren't taken seriously, as well as feeling that their school doesn't address bullying effectively enough to even bother trying to reach out for help.

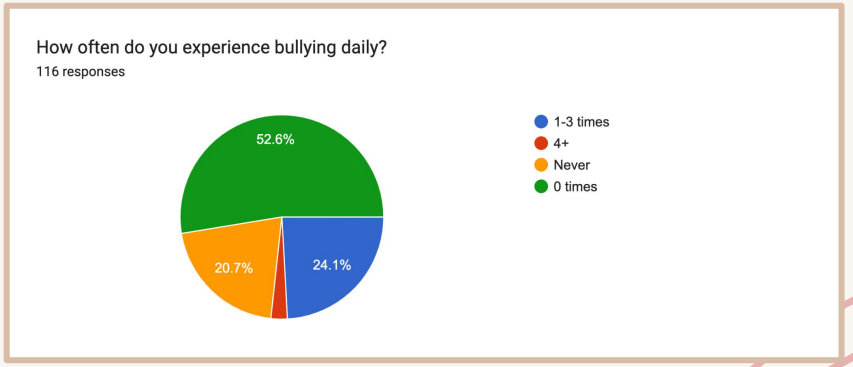
We see this when 64.7% participants answered 'no' to the question "Does your school effectively address bullying"

Effects on individuals

When we asked participants, “What area in the school is the most susceptible to bullying” **Hallways** 31.3% with the cafeteria, bathrooms, and classrooms having similar



When we asked participants how often they experience bullying daily, 24.1% of participants said that they experience bullying daily on 1-3 occasions



"I would help my friends if they were being bullied because it's something no one should go through. Bullying someone can leave an impact on their life. Even if they are already healed, they will still remember how they made them feel."
-Anonymous

"Yes, they are my friends and I would hope they do the same for me"
-Anonymous

Survey Question: Would you help your friends if they were bullied? Why?

Among the many answers from participants, the most common response came back to be "yes, I would because bullying leaves a harmful impact on my friends and I trust my friends would defend me too."

Effects On Individuals

Our Thoughts

Action Plan

After our research, we found that 64.2% of our participants agreed that schools do not effectively solve bullying, admin, counselors, teachers, need to listen to students and their feelings, and actually understand the core problem. In other words, we concluded that our school, rather than solving this problem so that there is an actual solution between the bully and the student, our school "solves" our bullying cases by only following the "protocol" without thinking about the physical and psychological damage that there is from background

What can we do?

- **Share data with district Personnel**
- **Create a PSA regarding bullying (in process)**
- **Share our research district wide (visit schools, classrooms to share our work)**